

## 眼健康檢查計劃 Eye Health Programme

為提倡對全面眼睛健康的關注，本院特設了眼健康檢查計劃（「計劃」），當中包括為成人及兒童設計、應對不同眼睛狀況的針對性眼科檢查。

Our Eye Health Programme (the "Programme") is designed for promoting overall eye health and consists of signature examination plans to address different eye conditions for adults and children.



本計劃由本院眼科中心（「中心」）的眼科專科醫生與香港中文大學眼科及視覺科學學系（「中大眼科」）的眼科教授團隊聯合主理。

The Programme is led by specialists in Ophthalmology from our Eye Centre (the "Centre") and the professorial team from the Department of Ophthalmology and Visual Sciences, The Chinese University of Hong Kong ("DOVS CUHK").

參加者更可根據需要於中心內接受其他眼科治療和服務，包括眼鏡和隱形眼鏡服務、眼科醫生診症服務、專業眼科診斷檢查、眼科健康教育、處方眼藥水和藥物，以及成人和兒童的激光治療和外科手術。

Participants can also receive other ophthalmic treatments and services as per their need including spectacles and contact lens services, consultations by ophthalmologist, specialised ophthalmic investigations, eye-related health education, prescription of eyedrops and medications, and laser and surgical procedures for adults and children.



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大學站（東鐵綫）（B出口）  
University Station (East Rail Line) (Exit B)

服務時間 Service Hours :

星期一至五: 09:00 - 18:00    Monday to Friday: 9:00AM - 6:00PM  
星期六: 09:00 - 13:00        Saturday: 9:00AM - 1:00PM  
星期日及公眾假期休息        Closed on Sunday and Public Holidays

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## 眼健康檢查計劃 Eye Health Programme

- 針對性眼科檢查，全面照顧不同人士的不同眼睛健康需要  
Signature and one-stop services to address different eye care needs and conditions for all
- 眼科專科醫生及香港中文大學眼科及視覺科學學系眼科教授團隊聯合主理  
Led by specialists in Ophthalmology and the professorial team from the Department of Ophthalmology and Visual Sciences, CUHK

# 眼健康檢查計劃

## Eye Health Programme

本院冀透過全面的眼科檢查計劃，及早檢測推前診斷乾眼症及青光眼等常見的眼科疾病，提倡關注眼睛健康。

To raise eye care awareness via early detection, signature plans were developed under the Programme to cater for comprehensive eye examination, and for common eye diseases such as dry eye and glaucoma.



所有計劃已包含基本視力及度數檢查  
Visual Acuity & Refraction Test is covered in all the plan

	眼科專科醫生或 眼科教授解釋報告 Report Explanation by Ophthalmologist OR Ophthalmology Professor	眼部健康 教育和諮詢 Eye Health Education & Counselling	收費 (港幣) Fee (HK\$)	
			中大眼科 教授 Ophthalmology Professor	駐院眼科 專科醫生 CUHKMC Ophthalmologist
全面眼科 檢查計劃 Comprehensive Eye Examination Plan	-	√	\$1,500	\$1,000
乾眼篩查計劃 Dry Eye Screening Plan	√	√	\$2,800	\$2,300
青光眼評估 計劃 Glaucoma Assessment Plan	√	√	\$4,260	\$3,760
黃斑健康 評估計劃 Macular Health Screening Plan	√	√	\$3,160	\$2,660
兒童全面眼科 檢查計劃 Comprehensive Eye Examination Plan for Children	√	√	\$1,700	\$1,200

經醫生評估後建議進行計劃內容以外的進一步檢查項目，將另行收費。  
Additional charges will be incurred for other medically indicated tests suggested by doctors.

# 計劃內容

## Programme Details

### 全面眼科檢查計劃 Comprehensive Eye Examination Plan

包含不同檢查元素，適合作為年度眼科健康評估或跟進性的定期眼科檢查。  
A series of eye examinations suitable for annual or regular check-up.

- 眼壓測量  
Measurement of  
Intra-ocular Pressure
- 眼科專科醫生進行  
裂隙燈及眼底檢查  
Slit-lamp and Fundus Examination  
by Ophthalmologist

### 青光眼評估計劃 Glaucoma Assessment Plan

採用中大眼科研發的人工智能風險分析技術，並結合視光師及技術人員檢查的臨床檢測數據及眼科醫生的專業意見，及早評估患上青光眼的風險。

Apart from the innovative AI-based automated technology for glaucoma assessment, this assessment plan includes ophthalmic investigations by optometrists and technicians, and professional evaluation by ophthalmology specialists.

- 眼壓測量  
Measurement of  
Intra-ocular Pressure
- 前房角測量  
Anterior Chamber  
Angle Measurement
- 視神經光學相干斷層掃描  
及人工智能分析 (雙眼)  
Optical Coherence Tomography  
(Nerve Fibre Layer) and  
AI Programme (Both Eyes)
- 角膜內皮細胞檢查及  
中央角膜厚度量度 (雙眼)  
Specular Microscopy and Central  
Corneal Thickness (Both Eyes)
- 前房及眼底檢查  
Anterior and Fundal Examination
- 視野圖測試 (雙眼)  
Visual Field Test (Both Eyes)



### 乾眼篩查計劃 Dry Eye Screening Plan

使用專為診斷眼乾症而設、先進的非侵入式技術進行篩查，並制定個人化居家護理及臨床治療方案。

This screening plan adopts state-of-the-art ophthalmic technologies for non-invasive screening and diagnosis of dry eye disease to offer personalised home-based and clinic-based treatment strategies.

- 乾眼問卷評估  
Dry Eye Questionnaire
- Schirmer 氏  
淚液分泌檢查  
Schirmer's Test
- 淚板腺體掃描  
Lipiview
- 非侵入式眼表  
綜合分析  
Keratograph
- 眼科專科醫生進行  
裂隙燈檢查  
Slit-lamp Examination  
by Ophthalmologist

### 黃斑健康評估計劃 Macular Health Assessment Plan

使用非侵入性光學相干斷層掃描生成視網膜橫截面影像，及早發現黃斑病變。

This assessment plan uses the non-invasive Optical Coherence Tomography to generate cross-sectional images of the retina for the early detection of macular degeneration.

- 眼壓測量  
Measurement of  
Intra-ocular Pressure
- 黃斑光學相干  
斷層掃描 (雙眼)  
Optical Coherence Tomography  
(Macular) (Both Eyes)
- 眼科專科醫生 / 眼科教授進行  
裂隙燈檢查及視網膜檢查  
Slit Lamp and Retinal Examination  
by Ophthalmologist /  
Ophthalmology Professor

### 兒童全面眼科檢查計劃 Comprehensive Eye Examination Plan for Children

檢查包含假性近視及斜視等兒童視力常見問題。由於兒童視力仍於發展階段，此計劃適合作為定期檢查，以掌握兒童視力發展的需要。

This examination plan includes screening for vision issues commonly found in children such as pseudomyopia and strabismus. As children's vision is still developing, it is suitable to have this plan as a regular examination for closely monitoring their vision development needs.

- 裂隙燈檢查、眼底檢查、斜視測試 (遮蓋試驗、稜鏡遮蓋測試)  
Slit-lamp Examination, Fundus Examination and Strabismus test  
(Cover test and Prism bar cover test)  
由眼科專科醫生 / 眼科教授進行  
Conducted by Ophthalmologist / Ophthalmology Professor
- 立體色覺測試  
Stereopsis and Colour Vision test
- 睫狀肌麻痺度數測試  
Cycloplegic Auto-Refraction
- 眼球長度量度  
Axial Length Measurement

